INTERNSHIP AND CAREER PROMPTS



The prompts below will help you explore career and internship opportunities, assess your fit for roles, and plan your next steps.

A. Exploring Career Paths and Roles

- Based on my past experiences (such as [Insert Projects, Volunteer Work, Jobs]),
 help me describe how they demonstrate my fit for internship or entry-level roles in
 [Insert Industry/Field].
- Based on my major in **[Insert Major]**, help me identify a variety of career paths and specific roles I could pursue. For each role, describe typical responsibilities, required skills, and potential industries where it's in demand.
- Describe what a typical day looks like for someone in **[Insert Role]** in **[Insert Industry]**, including the tasks, challenges, and skills used.
- Help me understand potential career progression for roles in [Insert Industry/Field], including entry-level positions, mid-level opportunities, and long-term growth paths.

B. Finding Internship Opportunities

- Suggest ways to discover hidden or unlisted internship opportunities in [Insert Industry/Field], such as professional associations, networking events, or online communities.
- Provide a list of internships that will help me gain hands-on experience in [Insert Skills or Area of Focus] and make me more competitive for future roles in [Insert Industry/Field].
- Help me find internship opportunities in **[Insert Industry/Field]** that are remote, part-time, or flexible, suitable for a student schedule.



Avoid adding personal or identifying details when using these prompts.



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Al can help you brainstorm, but your responses should always reflect your own voice, experiences, and personality.



Al tools should be employed as supplements, not substitutes for the guidance provided by the Newhouse Career Development Center.

