"Buzz Words" for Describing Your Experience

The following are action-oriented verbs you can use throughout your résumé, cover letter and personal presentations (including your "elevator pitch!") to convey energy, accomplishment and demonstrated skill. Too often, job seekers unconsciously adopt a passive approach to describing their past experiences. Typical of this approach is the phrase "Responsibilities included..." Practically speaking, a prospective employer doesn't want to know what you were supposed to do; s/he needs to know how you discharged the duties!

These words should lead works in phrases to tell what you really did to show what you are capable of taking on in the future. These are also the words that employers often use when they describe their needs in the positions they have to offer. This is certainly not an all-inclusive list, so use your own action verbs when you don't find the right words here. This is just to get your wheels turning!

Accomplished Achieved Acquired Adjusted Administered Advised **Analyzed** Applied **Appraised** Arranged Assessed Assured Bought Briefed Brought **Budgeted** Calculated Catalogued Chaired Changed Classified Closed Coached Collected Communicated Compared Computed Completed Conceived Concluded Conducted

Constructed Continued Contracted Controlled Coordinated Corrected Corresponded Counseled Created Critiqued Dealt Decided Defined Delegated Delivered Demonstrated Designed Determined Developed Devised Directed Dispensed Displayed Distributed Edited **Enlisted Ensured**

Entertained

Established

Estimated

Evaluated

Examined

Exhibited Expanded **Expedited Explained Facilitated** Financed **Forecasted Formulated** Gathered Graded Guided Handled **Implemented Improved** Initiated Inspected Instructed Insured Interpreted Interviewed Introduced Investigated Joined Kept Led Licensed Located Maintained Managed Measured

Monitored Motivated Named Negotiated Observed Obtained Operated Orchestrated Ordered Organized **Participated** Perceived Performed Persuaded **Planned** Predicted **Prepared** Presented Processed Programmed Prohibited **Projected** Promoted **Purchased** Qualified Questioned Rated Recommended Recorded

Recruited

Related

Rehabilitated

Repaired Reported Represented Researched Reviewed Revised Selected Served Set Sketched Sold Solved Sought Specified Spoke Studied Suggested Summarized Supervised **Targeted Taught** Tested Trained Translated Treated Updated Watched Wrote



Confronted

Mediated

Modified